



# ESSENTIAL OILS FOR cleaning

From bathrooms to bedrooms to kitchens and kid's rooms; cleaning is an essential part of the upkeep of your home. Essential oils naturally have antifungal, antimicrobial, antibacterial, antiviral, antitoxic, deodorizing, and disinfecting properties. The use of all-natural essential oil cleaners, in your home, utilize these powerful properties without worry of toxins and chemicals.

## 3 essential oil uses

### AROMATIC

Essential oils naturally have powerful aromas. Their aromas can elicit powerful physiologic, mental, and emotional responses.

### TOPICAL

The chemical compounds of essential oils allow for them to be readily absorbed and enter the blood stream. Some essential oils can be applied neat (applied with no carrier oil) others require a carrier oil for dilution.

### INTERNAL

Ingesting essential oils is the most potent method; therefore, proper dosage, following label recommendations, and other professional guidelines is recommended to avoid unnecessary overuse or toxicity.

## why quality matters

For an essential oil to truly be therapeutic and superior grade, an essential oil needs to be tested and certified as pure, potent, genuine, and authentic.

- Authenticity means the composition equals the plant specified on the bottle.
- Genuine is equivalent to the term unadulterated or the essential oil is 100% natural.
- Sourcing essential oils from plants grown in their native habitat affect the potency.
- Purity alone does not necessarily mean an oil is good quality, it must also have potency, be genuine and have authentic properties.

## oils for cleaning



### PROTECTIVE BLEND

- Kills germs and airborne pathogens
- Antiseptic and laundry cleaner
- Antiviral, antibacterial, and antifungal



### LEMON

- Antifungal, antimicrobial, and disinfectant
- Sticker and goo remover
- Degreaser and furniture polish



### CLEANSING BLEND

- Kills germs and microbes
- Air and odor cleansing
- Surface cleaner



Tip: Did you know that glass containers are better than plastic to hold your oil recipes in? Check out glass spray bottles and other glass containers at [www.oillife.com/collections/glass](http://www.oillife.com/collections/glass)



# homemade cleaners

## BENEFITS OF HOMEMADE CLEANERS

- Safe for kids and pets
- Effective cleansing properties
- Toxin free
- Affordable
- Natural ingredients

## COST COMPARISON

PRODUCT	SIZE	EO	STORE
Window Cleaner	32 oz	\$0.80	\$2.47
Wood Cleaner	10 oz	\$3.40	\$4.39
Carpet Stain Remover	32 oz	\$0.50	\$4.99

## recipes

### WOOD CLEANER + POLISH

1 cup olive oil  
1/2 cup water, distilled, or boiled & cooled  
30 drops lemon EO  
10 drops orange EO  
Combine ingredients in a spray bottle or lidded container & shake well. Spray or pour of a microfiber cloth & apply to surface to clean & polish any wood surface.

### DISINFECTING TOILET BOWL CLEANER

1/2 cup baking soda  
1/4 cup white vinegar  
10 drops melaleuca EO  
Mix ingredients to dissolve baking soda. Add to toilet. Let sit for 5 to 15 minutes. Scrub with a toilet brush & flush.

### STICKER + GOO REMOVER

1 tbsp. baking soda  
1 tbsp. almond or vegetable oil  
2 drops lemon EO  
Mix into a small glass bowl. Apply a small amount to the sticker or label & let sit for 1 to 2 minutes. Use a cloth or paper towel to remove. Apply again if needed.

### WINDOW + MIRROR CLEANER

2 cups water  
2 tbsp. white vinegar  
2 tbsp. rubbing alcohol  
5 drops peppermint EO  
Add ingredients to a spray bottle & shake well. Spray windows or mirrors & wipe dry. Store in cool place for 1 to 2 months.

### LAUNDRY LIQUID FABRIC SOFTENER

1 gallon distilled white vinegar  
2 cups baking soda  
20 drops clove EO  
10 drops lemon EO  
Combine ingredients in a large bowl or container & add 1/4 to 1/2 cup per load. Your laundry will be softened & smell great.

### CARPET STAIN REMOVER

4 cups warm water, divided  
1/2 tsp. clear castile soap or dish soap  
10 drops lemon EO  
Mix 2 cups warm water, soap, and essential oils. Soak a rag in the mixture, wring out, and gently blot the stain. Use a clean rag soaked in the remaining 2 cups warm water to remove the residue. Alternate the soap solution with the fresh water until the stain is gone. Remember to blot, not rub, to remove a carpet stain as rubbing with ruin the carpet fibers.

## how to get started...

### WHOLESALE MEMBERSHIP

- \$35 Membership or enrollment kit purchase required
- 25% discount from retail
- Participate in the Loyalty Rewards Program
- Share this information and get your products paid for

### LOYALTY REWARDS PROGRAM



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