

# Toxic Free LIVING

2 major sources of toxins we're exposed to:

## HOUSEHOLD PRODUCTS



## PERSONAL CARE PRODUCTS



While some companies make products that are safe to eat, other companies choose to use known human carcinogens or developmental toxins like coal tar and lead acetate. When risky chemicals are used in cosmetics, the stakes are high. These are not trace contaminants like those found at part-per-million or even part-per-billion levels in food and water. These are the base ingredients of the product, just as flour is an ingredient in bread. These chemicals are found in percent levels in personal care products, nearly all easily penetrate the skin, and some we ingest directly from our lips or hands.

make the swap! WHICH **HOUSEHOLD PRODUCTS** WOULD YOU LIKE TO SWAP?

On Guard  
Cleaner Concentrate



On Guard  
Foaming Hand Wash



Diffuser with  
Essential Oils



On Guard  
Laundry Detergent



USE THIS

NOT THIS



did you know?

MANY OF dōTERRA'S NON-TOXIC ALTERNATIVES ARE CHEAPER THEIR TOXIC COUNTERPART?

# Toxic Free LIVING

make the swap!

WHICH **PERSONAL CARE PRODUCTS** WOULD YOU LIKE TO SWAP?

USE THIS

On Guard  
Toothpaste



dōTERRA Natural  
Deodorant with Balance



Salon Essentials  
Shampoo & Conditioner



VerÁge™ Skin  
Care Set



NOT THIS



sample wellness box (LRP):

**\$162**

133 PV<sup>1</sup>



+ **FREE** Oil  
of the Month!

+ **FREE** Product  
Credits!

- ☐ Salon Essentials Shampoo & Conditioner \$28.00 / 23 PV
- ☐ On Guard Cleaner Concentrate \$14.50 / 10 PV
- ☐ On Guard Toothpaste \$8.50 / 5 PV
- ☐ On Guard Sanitizing Mist \$6.50 / 5 PV
- ☐ VerÁge™ Skin Care Set \$84.50 / 70 PV
- ☐ Purify \$20.00 / 20 PV

<sup>1</sup> Point Value. For most products, \$1 = 1PV.

my wish list:

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
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