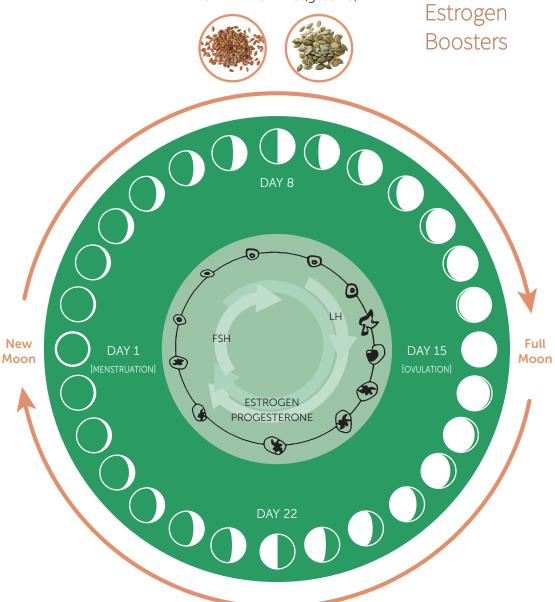
SEED ROTATION FOR MENSTRUAL CYCLE

FLAX SEEDS (ground)
PUMPKIN SEEDS (ground)



SUNFLOWER SEEDS (ground)
SESAME SEEDS (ground)
EVENING PRIMROSE OIL







Progesterone Boosters