Tummy

Tummy Strokes

- Smooth Paddling
- Ankles up & Paddle
- Smooth to sides
- Sun & Moon
- I Love You
- · Let your fingers do the walking
- · Squeeze that belly

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Smoothing strokes down belly



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Ankles up and smooth tummy



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Smooth with thumbs, from center to sides.

Travel up from navel with each stroke



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Sun and Moon-Full circle sun, crescent moon Clockwise strokes top hand makes a crescent Bottom hand makes a full circle



I Love You

- 1 L U
- Walk index fingers up the baby's left belly, slide fingers back (The "I)
- Walk the index fingers up the baby's left belly, across the top, slide fingers back (Sideways "L")
- Walk the index fingers up the left belly, across the top, and down the right, slide back (Upside down "U")

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